# 10 QUESTIONS T0 ASK YOURSELF 

## WHEN TRYING THINGS ON

$\square$ Does it fit correctly?
(And does it fit my current body correctly?)
$\square$ Does it complement your body type?
$\square$ Does it work for your lifestyle?
$\square$ Does it align with your personal style?
$\square$ Can you shop your closet and come up with two or three outfits with this item of clothing?
$\square$ Is it versatile?
$\square$ Is it good quality?
$\square$ Is it comfortable?
$\square$ Does it make you feel confident?
$\square$ Are you excited to put it on and wear it right now?


